



## Information about the Yoga Festival Terschelling 2010

The Yoga Festival takes place from the 25th until the 27th of June 2010 at the Dutch island of Terschelling. The festival location is camping site 'De Kooi' on Terschelling-Hee. The official programme starts Friday the 25<sup>th</sup> of June at 17.30 and ends Sunday June 27<sup>th</sup> at 15.30. The pre-festival programme starts already at Thursday and the afterprogramme ends Monday around 12 o'clock. Also during these days there is a programme with yogaworkshops, diner and breakfast.

### Travel Information

Rederij Doeksen takes care of your crossing to Terschelling with the ferry from Harlingen.

### To Harlingen

#### By car:

Harlingen is on the A7 motorway: Antwerpen-Breda-Rotterdam-Den Haag-Amsterdam-Afsluitdijk-HARLINGEN-Leeuwarden-Groningen. On the central road around Harlingen, the 'Harlingen-Havens' (harbors) exit is indicated on the ANWB signs.

#### By public transport:

By train you travel to Leeuwarden Central Station, where you should change for Harlingen-Haven ([www.ns.nl](http://www.ns.nl)). There are also direct bus connections to Harlingen-Haven (harbor) from Alkmaar. This might be interesting for people from Amsterdam instead of traveling the whole distance by train. Not all of these services connect with the ferry departure times. You can obtain further information regarding journey and travel times by calling telephone number: +31 (0)900-9292/ or website [www.9292ov.nl](http://www.9292ov.nl)

### Car parking in Harlingen

#### Car park on the Waddendpromenade

Located in front of the Rederij Doeksen ferry terminal. Price for 24 hours: Short-stay parking from: € 6.20 per day + € 3.10 per night. For information call telephone number: +31 (0)517 – 420103 or visit [www.parkerenharlingen.nl](http://www.parkerenharlingen.nl)

#### 'Tjerk Hiddes' Car Park

Located at the Harlingerstraatweg exit, 'De Witte Kas'. Prices from: € 4.10 per day. Reservation is not possible and parking is at your own risk. It is a 10 minutes walk to the boat. The car park is manned from 08.00 to 22.00, after which there are regular controls by the Friese security patrols. For further information call telephone number: +31 (0)517-413527, or if that's not answered, 414274, or visit [www.parkerenharlingen.nl](http://www.parkerenharlingen.nl)

### The crossing to Terschelling

Rederij Doeksen takes care of your crossing to Terschelling with the ferry from Harlingen. We advise you to book your boat ticket in advance. This can be done by telephone, calling 0900-DOEKSEN (3635736), € 0,70 per call online via [www.rederij-doeksen.nl](http://www.rederij-doeksen.nl). If there are still tickets available one can buy the boat tickets also at the ticket office. We advise you to arrive well in time in Harlingen. If you would like to take the car with you to the island, then you should book early, because the number of cars that can be carried is limited.

#### The ferries

With the ferries you journey to Terschelling in around 2 hours. There is a self-service buffet on the ferry. The fast ferryboat has a journey time of 45 minutes. Reservation for the fastboat is recommended.

### Arriving at the island

Upon arrival at Terschelling a rental bike will be waiting for you at rental company T. Knop, Torenstraat no. 10-12. From the ferry harbor this is the street going to Lighthouse.

### Luggage transportation

You can hand your luggage to Tijs Knop (bicycle hire). They take care of the transport of luggage to the Festival. If you are planning to travel straight to the festival location to participate please bring your yoga equipment and plate, cutlery, cup, etc. with you.

### The festival location

The festival location is Camping site 'De Kooi', on Terschelling-Hee. The address is Hee 9, 8882 HC Terschelling Hee, tel. 0562 442743.

### How to reach the festival location

- Recommended route by bike: From the bike rental bike go back to the ferry and then the Willem Barentskade along the Wadden Sea to the left in the direction of Midsland. Look for the yellow clubhouse of the diving club (guns) and the colored barrels of Rijkswaterstaat right along the bike path. You will pass the marina, and after a few hundred yards down the bike path itself and turn left. Follow the cycle path then up past the white building Stayokay (Youth Hostel). Follow this cycle path along the main road you bike than halfway through. After about 1 km you will see the exit Badweg West aan Zee. Go left and cross the main road. After about 50 meters you cross the bike path called Duinweg Halfway, turn right onto the cycle path. You bike now with the forest on the left with caravans and camping on your right. After about one kilometer you will see on the left side of the dune lake Hee. Cycle through the T-junction turn left and go past the lake. On the right you will see the campsite De Kooi. The entrance to the Yoga Festival is over the main entrance of the campsite De Kooi on the left side of the road.
- Recommended route by car: From the harbour one goes in the direction Midsland, one passes the houses of Halfweg and about 1000 meters after pizzeria Isola Bella you take the second road at your left, there is a sign 'Camping de Kooi'. At the end of this road at the rightside next to the dunes one find camping site De Kooi.
- By bus you exit at the stop called Terschelling Hee/ Camping de Kooi.

### What to bring

- Tent, sleeping pad, sleeping bag, etc.
- Personal toiletry items.
- Plate, bowl, drinking cup, cutlery.
- Water bottle and/or thermal bottle/cup for tea.
- Swimming clothes and towel.
- Loose and comfortable yoga clothes.
- Sufficient warm clothing and hiking shoes.
- Yoga mat (if necessary a meditation pillow).
- Fleece or woolen blanket.
- Paper and pen.
- Small daypack.
- Mosquito repellent
- Sun screen lotion
- One euro coin for the shower

For more information about the festival please contact us. We are happy to serve and wish you a pleasant journey to Terschelling.

Yoga Festival Terschelling Foundation  
Peter van der Burg  
Burg. Swaanstraat 37  
8881 AG West-Terschelling  
Tel: +31 (0)562-443894  
[info@yogaterschelling.nl](mailto:info@yogaterschelling.nl)  
[www.yogafestival.info](http://www.yogafestival.info)

