

## Information about the Yoga Festival Terschelling 2010

The Yoga Festival takes place from the 25th until the 27th of June 2010 at the Dutch island of Terschelling. The festival location is camping site 'De Kooi' on Terschelling-Hee. The official programme starts Friday the 25<sup>th</sup> of June at 17.30 and ends Sunday June 27<sup>th</sup> at 15.30. The pre-festival programme starts already at Thursday and the afterprogramme ends Monday around 12 o'clock. Also during these days there is a programme with yogaworkshops, diner and breakfast.

### Travel Information

Rederij Doeksen takes care of your crossing to Terschelling with the ferry from Harlingen.

### To Harlingen

#### By car:

Harlingen is on the A7 motorway: Antwerpen-Breda-Rotterdam-Den Haag-Amsterdam-Afsluitdijk-HARLINGEN-Leeuwarden-Groningen. On the central road around Harlingen, the 'Harlingen-Havens' (harbors) exit is indicated on the ANWB signs.

#### By public transport:

By train you travel to Leeuwarden Central Station, where you should change for Harlingen-Haven ([www.ns.nl](http://www.ns.nl)). There are also direct bus connections to Harlingen-Haven (harbor) from Alkmaar. This might be interesting for people from Amsterdam instead of traveling the whole distance by train. Not all of these services connect with the ferry departure times. You can obtain further information regarding journey and travel times by calling telephone number: +31 (0)900-9292/ or website [www.9292ov.nl](http://www.9292ov.nl)

### Car parking in Harlingen

#### Car park on the Waddenpromenade

Located in front of the Rederij Doeksen ferry terminal. Price for 24 hours: Short-stay parking from: € 6.20 per day + € 3.10 per night. For information call telephone number: +31 (0)517 – 420103 or visit [www.parkerenharlingen.nl](http://www.parkerenharlingen.nl)

#### 'Tjerk Hiddes' Car Park

Located at the Harlingerstraatweg exit, 'De Witte Kas'. Prices from: € 4.10 per day.

Reservation is not possible and parking is at your own risk. It is a 10 minutes walk to the boat. The car park is manned from 08.00 to 22.00, after which there are regular controls by the Friese security patrols. For further information call telephone number: +31 (0)517-413527, or if that's not answered, 414274, or visit [www.parkerenharlingen.nl](http://www.parkerenharlingen.nl)

### The crossing to Terschelling

Rederij Doeksen takes care of your crossing to Terschelling with the ferry from Harlingen. We advise you to book your boat ticket in advance. This can be done by telephone, calling 0900-DOEKSEN (3635736), € 0,70 per call online via [www.rederij-doeksen.nl](http://www.rederij-doeksen.nl). If there are still tickets available one can buy the boat tickets also at the ticket office. We advise you to arrive well in time in Harlingen. If you would like to take the car with you to the island, then you should book early, because the number of cars that can be carried is limited.

#### The ferries

With the ferries your journey to Terschelling in around 2 hours. There is a self-service buffet on the ferry. The fast ferryboat has a journey time of 45 minutes. Reservation for the fastboat is recommended.

### **Arriving at the island**

Upon arrival at Terschelling a rental bike will be waiting for you at rental company T. Knop, Torenstraat no. 10-12. From the ferry harbor this is the street going to Lighthouse the Brandaris.

### **Luggage transportation**

You can hand your luggage to Tijs Knop (bicycle hire). They take care of the transport of luggage to the Festival. If you are planning to travel straight to the festival location to participate please bring your yoga equipment and plate, cutlery, cup, etc. with you.

### **The festival location**

The festival location is Camping site 'De Kooi', on Terschelling-Hee. The address is Hee 9, 8882 HC Terschelling Hee, tel. 0562 442743.

### **How to reach the festival location**

- Recommended route by bike/car: Walk from the bicycle rental with your bike back in the direction of the harbour. From the harbour one goes in the direction Midsland, one passes the houses of Halfweg and about 500-600 meters after pizzeria Isola Bella you take the second road at your left, there is a sign 'Camping de Kooi'. At the end of this road at the rightside next to the dunes one find camping site De Kooi.
- By bus you exit at the stop called Terschelling Hee.

### **What to bring**

- Tent, sleeping pad, sleeping bag, etc.
- Personal toiletry items.
- Plate, bowl, drinking cup, cutlery.
- Water bottle and/or thermal bottle/cup for tea.
- Swimming clothes and towel.
- Loose and comfortable yoga clothes.
- Sufficient warm clothing and hiking shoes.
- Yoga mat (if necessary a meditation pillow).
- Fleece or woolen blanket.
- Paper and pen.
- Small daypack.
- Mosquito repellent
- Sun screen lotion

For more information about the festival please contact us. We are happy to serve you and wish you a safe and pleasant journey to Terschelling.

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