



The Yoga Festival takes place from the 25th until the 27th of June 2010 at the Dutch island of Terschelling. It offers the unique opportunity to practice a wide variety of yoga styles in beautiful natural surroundings. The festival for the total vitality of body and soul.

The Yoga Festival

This is a unique festival with yoga in the beautiful outdoors, an event that blends yoga and meditation with the characteristics of the island. It offers everything for both the beginning and the experienced yogi. The official program starts Friday the 25th of June at 17.30 and ends Sunday June 27th at 15.30. There is a pre-festival programme from Thursday and an after festival programme until Monday 12.00 p.m.

The location

The festival location is the camping site De Kooi at Terschelling-Hee. This natural area is magnificently situated next to the dunes, flanked by forest, a swimming lake and within walking/biking distance to the beach. The festival ground will be outfitted with several large festival tents in which to practice yoga, follow workshops and enjoy our meals together.

The program

The programme offers a wide variety of yoga disciplines like Hatha, Vinyasa, Power, Ashtanga, Anusara, Kundalini and Acro Yoga taught by experienced and enthusiastic yoga teachers. It is a unique environment to share experiences and create new ones. With special workshops for beginning and advanced yogis. Yoga for complete relaxation, vitality, harmony, meditation, transformation and intense joy.

Your stay

On the festival grounds it is possible to sleep in your own tent or in a rental tent. For more information about staying in one of the nearby hotels, take a look at www.vvvterschelling.nl or contact us.

Prices

The costs for participating in this Yoga Festival amount to € 175,- including workshops, camping on the festival grounds, breakfast, lunch, fruit, yogi-tea, dinner, taxes and rental bike:

Staying in your own tent	€ 175
Renting a tent (maximum 3 persons)	€ 50
Arriving a day earlier or staying a day longer incl. rental bike	€ 50

Who we are

The festival is an initiative from the Foundation Yoga Festival Terschelling in cooperation with yoga centers and educational institutes from different countries. Organizations like Yogi Tea, Tourism Board (VVV) Terschelling are partners of the festival.



To register or learn more:

Send us an email or give us a call. You can also check out our website: www.yogafestival.info

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